

Asymmetry					+++++	++	+++
Rest Tremor (RT)	Arms on lap/resting on arms of chair/lying supine				PD	ET	Dystonic
1. Arms					++++	(+)	+
2. Legs					++	(+)	+
3. Distraction					++++	(+)	+
4. Walking					++++	↓	+
Kinetic Tremor (KT)					RT>KT	++++	++
1. Finger Nose Test					+	++++	++
2. Pour Water					+	++++	++
3. Hand rotation					+	++++	++
4. <u>Intention:</u> Finger-Nose Wing beating finger opposition					+	++++	++
					+	++++	++
5. Dystonic Posture					-	=	++++
Postural Tremor (PT)					PT>KT	KT>PT	+++
1. Distraction					+	++	+++
2. Wing beating posture					-	++	+++
3. Rotation of arm					+	++	+++
4. Distribution					➤ Distal	➤ Prox	
5. Joints involved	Elbow	Wrist	MCP	Other			
					MCP/fingers	Wrist	
Re-emergent Tremor					+++	-	-
Effect of movement on RT					↓	++	++
Direction of tremor	Flex/Ext		Pronate/Sup				
					Pronate/Sup	Flex/Ext	
Dystonic posture							++++
Spiral					No axis	Axis	Multiple
Neck Tremor						↓supine	